

CIRS New Patient Information - Costs

- The medical office fee is \$395 for the initial one-hour consultation, which is a one hour visit to review your complete history and order testing.
- The follow up visit is 2-3 weeks later and is a 30 minute appointment for \$295. At this visit we will review all your test results and start your treatment regimen.
- The CIRS protocol management fee thereafter is \$195 monthly. This includes unlimited access to Erin Gagne, our nurse practitioner, who manages the care for CIRS patients. She will help coordinate testing, supplements, and prescriptions as well as answer questions and guide you along the way. Much of your care can be done over the phone, email and Skype so you may not need to come in to the office often.
- Initial lab testing is usually covered by insurance, so may cost very little. However, for patients without insurance, initial labs can run around \$2000-3000. Individual labs are often repeated later in the protocol until they are normal.
- Further available testing that some patients may need includes a form of genetic testing called GENIE. It currently costs about \$700 and in some cases may need to be repeated through the course of treatment. It shows how your genes are working, which helps us determine how your inflammation is doing.
- MRI, echocardiogram (if needed) and pulmonary testing (if needed) is usually covered by insurance.
- Medication and supplement costs vary quite a bit (especially depending on insurance) but generally are \$200-500 per month for those without insurance. Plan on taking 3-6 supplements on a daily basis throughout the protocol. These will need to be pharmaceutical grade, so may cost a bit more than inferior versions available online and in stores. We will help you get these. Cholestyramine costs about \$150 per month if you don't have insurance. Nasal sprays (several different ones are used at different stages) can be \$100-200/month.
- *Please note office professional fees are subject to change.*